

FILE OF LIFE

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The Township of Maplewood

WHAT IS IT ?

The kit consists of 2 red plastic envelopes that contain your important medical information. One is magnetic for your refrigerator and the other is a personal wallet size. It is used by the Maplewood First Aid Squad, who may be called to assist you in an emergency.

WHO NEEDS ONE ?

- Anyone, any age with a chronic medical condition that requires medications.
- Seniors need this because of their constant medical changes and medications.

WHY SHOULD I GET ONE?

In an emergency, it is sometimes difficult to think clearly. At this time, The Maplewood First Aid Squad is trying to know many things about you in order to help you. The "FILE OF LIFE" enables you to help them to obtain a quick mini medical history, including medications, chronic conditions, and important people to contact. It is also helpful, if the person is transported to the emergency room.

WHERE CAN I GET ONE ?

Maplewood Health Department
Barbara Gist, BSN, RN,
Public Health Nurse Supervisor
(973) 762-8120, ext 4300

